

## **ADDISON-RUTLAND SUPERVISORY UNION**

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February 17, 2018

Dear students, staff, parents and community members,

In response to the horrific details that we have come to know in the last 24 hours we are so incredibly grateful for the outcome. Unfortunately, we can't control the level of the detail in the media but we can support our students, staff and community.

I want to remind everyone of the services that are available at the high school. Today (Saturday) there will be supports available at the high school from 1:00-3:00. During the break next week counselors will be available at the high school Monday- Friday from 9:00-11:00 and all day on Wednesday. These services are for students, staff and administration. In addition, I have included a resource below on Managing Emotional Reactions to a Traumatic Event.

We are working diligently over vacation to ensure that our students and staff return to a school where they feel supported. Additionally, we are working to put a community forum together. I will be sending out details on this event in the days to follow.

Again, I wish to thank the local law enforcement agencies, the school administration, the faculty, and the students for their response and support. We will rise above this and emerge stronger together.

Please don't hesitate to contact me with any questions or concerns. These students are all of our students, and we will always work to make sure they are safe and supported.

Sincerely,

Brooke Farrell

1. <http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/trauma/managing-strong-emotional-reactions-to-traumatic-events-tips-for-families-and-teachers> "Managing emotional reactions to traumatic events – from National Association of School Psychologists